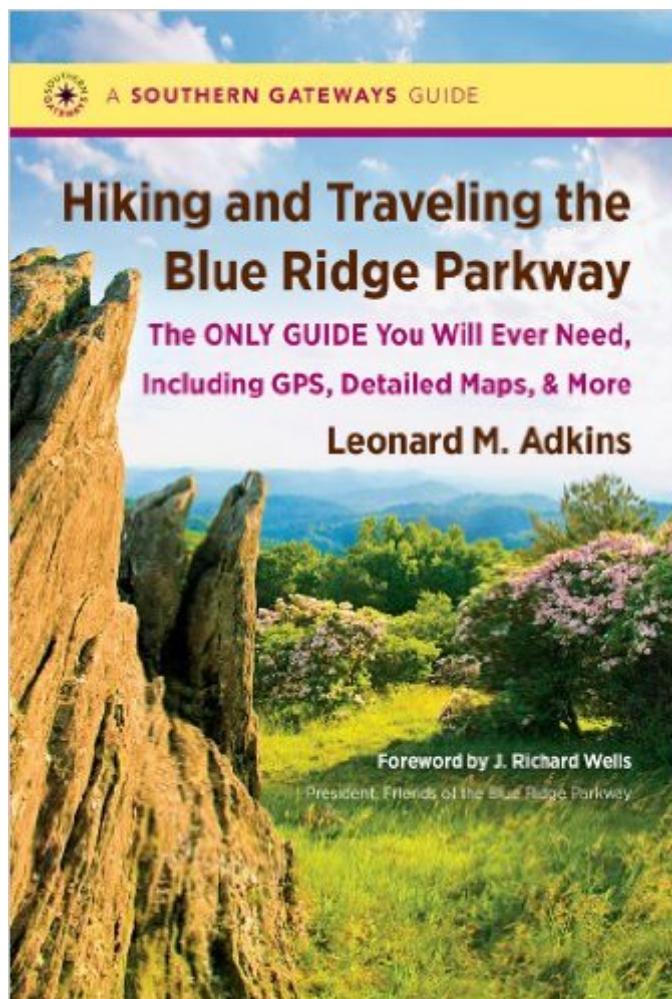


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# Hiking And Traveling The Blue Ridge Parkway: The Only Guide You Will Ever Need, Including GPS, Detailed Maps, And More (Southern Gateways Guides)



## Synopsis

This comprehensive guidebook provides a detailed description of every official trail along the Blue Ridge Parkway. But that's just the beginning: veteran hiker Leonard M. Adkins includes information on every trail that touches the Parkway, including the Appalachian Trail, the Mountains-to-Sea Trail, and other public pathways on national park, state park, national forest, municipal, and private lands. You'll find GPS coordinates for official Parkway trailheads, along with fifty maps and many photographs of what you'll see along the way. Adkins notes each trail's length, difficulty, points of interest, handicap accessibility, and natural features. Far more than a guide to the trails, this book also tells you what to expect at overlooks, as well as where to dine, sleep, and find a restroom, and suggests worthwhile side trips. Elevation change charts for bicyclists, minimum tunnel heights for RVs, camping recommendations, roadside bloom calendars, sightseeing information for nearby towns, and other advice make this the perfect companion for your next Parkway adventure.

## Book Information

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## Customer Reviews

I love the Blue Ridge Parkway and own just about every book there is about it. Along comes this book and I find could have saved a lot of money and book shelf space. It has all of the parkway trails as well as many other trails, so there is no need to buy a Hiking the Blue Ridge Parkway book; it gives a description of every one of the overlooks, so there is no need to purchase a Guide to the Blue Ridge Parkway; it has an elevation chart that provides the information needed for Bicycling (or motorcycling) the Blue Ridge Parkway; and although the information about towns and attractions

near the parkway is a bit brief, it's enough to let you know what you'll see when you get off of the scenic roadway. I've done several of the hikes since getting the book and like that not only was the information accurate, but that it's easy to read with the vertical milepoint-by-milepoint format (rather than in the paragraph form that other guidebooks use) and nice tidbits of human and natural history. Also, it has information about a number of trails that have been neglected or not included in other guides. I'll continue look through and consult my other books, but there is no doubt this is now the best parkway resource available.

I've owned and used Walking the Blue Ridge, the previous version of this book (look at the many good reviews for it), for years and have loved it, finding it to be accurate, informative and entertaining to read. I'm happy to see this new, updated and greatly expanded version with its maps for every one of the parkway's trails and information on each and every overlook along the scenic highway. (So many times I would pull into an overlook and not really know what I was looking at.) The little tidbits of information about the trails in some of the nearby towns is also a nice feature--I never knew about Asheville's Urban Trails or Roanoke's Mill Mountain Trails. Thanks to the previous edition, I have had many nice experiences, and I look forward to planning and doing many more with this newest edition. For a book of almost 400 pages and packed with information, the price can't be beat, either!

We have been meaning to get out and hike and this book certainly gives us loads of opportunities to do so. I totally enjoy how detailed the descriptions are along with the maps - from .0 with observations all along the way. The history of the area and why places are named as they are is especially interesting and informative. I was happy to see accommodations (some which have a restaurant attached) listed but understand why a variety of restaurants aren't - mostly because, as we all have experienced, many long-standing establishments are in the process of re-organizing or are going out of business. The book is about hiking in some of the most beautiful areas of the country and, with the author's vast expertise, I am certain it will not disappoint since he details every step you are going to take!!

Great book, plenty of detail that you can get to easily so you don't have to read a whole section or the complete book to get just the info you need. Highly recommended for the short day hiker or overnighter!

I hike along the parkway weekly and keep this book in my car. It gives a tidbit about every mile marker and goes into detail about hiking trails including gps coordinates. I've been able to find lots of little trails I wouldn't have otherwise known about. It gives nice detail about where to park, walk, turn, look out for,etc. My only issue is there is no information on any of the mountains to sea trails other than their gps locations and trailheads.

If you like to hike and you're planning an excursion along the Blue Ridge Parkway (BRP), this guide book is for you. We put Leonard's book to the test on some family hikes and found it extremely helpful. The book is well organized making it easy to locate hiking trails by mile markers along the BRP. This guide provides detailed trail descriptions, trail lengths, and a difficulty rating scale which helped us select hikes appropriate for our young kids. I highly recommend this book.

The author's love for the region shows through in this informative introduction to, and reference for visiting the Blue Ridge Parkway. This will be a handy take-along, telling us what to watch for each step of the way. Nicely done.

Great resource with detailed information. I'm using it to plan a bicycle ride on the BRP with frequent stops to explore the many areas accessible by it. I have been pleasantly surprised at many of the features that I would have otherwise probably passed by unnoticed.

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